#### **NHK5 ZUZ5**:

15<sup>th</sup> Annual Scientific Session of the Korean Heart Rhythm Society

# Latest Update of SICD

Hung-Fat Tse, MD, PhD Chair, Professor of Cardiovascular Medicine William MW Mong Professor in Cardiology COS/Chairperson/Chief of Cardiology Department of Medicine, The University of Hong Kong Queen Mary Hospital Hong Kong













#### **Relationships with commercial interests:**

- Grants/Research Support/Speakers Bureau/ Honoraria/Consulting fee:

Abbott; Amgen; AstraZeneca; Bayer; Boehringer Ingelheim; Boston Scientific; Daiichi Sankyo; Medtronic; Novartis; Pfizer; Sanofi

The authors received unrestricted educational grant from Boston Scientific on SICD research







- 1. Safety and Efficacy of S-ICD
- 2. Implantation of S-ICD
  - Lead and Device Implant
  - Anesthetic method
  - Device Replacement
- **3. Future Perspective of S-ICD**







# 1. Safety and Efficacy of S-ICD

# 2. Implantation of S-ICD

- Lead and Device Implant
- Anesthetic method
- Device Replacement

# **3. Future Perspective of S-ICD**





# **EFFORTLESS S-ICD Registry**

|                              | Overall<br>(N — 985)          | Retrospective<br>(n — 489)    | Prospective<br>(n — 496) | p Value |
|------------------------------|-------------------------------|-------------------------------|--------------------------|---------|
| Age at implantation, yrs     | 48 ± 17                       | $45 \pm 17$                   | $51 \pm 16$              | <0.001  |
| Male                         | 709 (72.0)                    | 338 (69.1)                    | 371 (74.8)               | 0.05    |
| BMI, kg/m <sup>2</sup>       | $27\pm6$                      | $27 \pm 5$                    | $28\pm6$                 | 0.06    |
| Ejection fraction, %         | $\textbf{43} \pm \textbf{18}$ | $\textbf{46} \pm \textbf{18}$ | $41\pm19$                | <0.001  |
| QRS duration, ms             | $106 \pm 25$                  | $104 \pm 22$                  | $107\pm27$               | 0.07    |
| Primary prevention           | 638 (64.9)                    | 307 (62.9)                    | 331 (66.9)               | 0.19    |
| Ejection fraction $\leq$ 35% | 301 (57.7)                    | 123 (50.4)                    | 178 (64.0)               | 0.002   |
| Ischemic                     | 221 (34.6)                    | 87 (28.3)                     | 134 (40.5)               | 0.001   |
| Secondary prevention         | 345 (35.1)                    | 181 (37.1)                    | 164 (33.1)               | 0.19    |
| Ischemic                     | 90 (26.1)                     | 41 (22.7)                     | 49 (29.9)                | 0.13    |
| Comorbidities                |                               |                               |                          |         |
| Hypertension                 | 279 (28.3)                    | 121 (24.7)                    | 158 (31.9)               | 0.01    |
| м                            | 277 (28.1)                    | 117 (23.9)                    | 160 (32.3)               | 0.004   |
| Cardiac arrest               | 275 (27.9)                    | 144 (29.4)                    | 131 (26.4)               | 0.29    |
| Congestive heart failure     | 261 (26.5)                    | 95 (19.4)                     | 166 (33.5)               | <0.001  |
| Syncope                      | 186 (18.9)                    | 99 (20.2)                     | 87 (17.5)                | 0.28    |
| AF                           | 157 (15.9)                    | 61 (12.5)                     | 96 (19.4)                | 0.003   |
| Valve disease                | 120 (12.2)                    | 72 (14.7)                     | 48 (9.7)                 | 0.02    |
| Diabetes                     | 111 (11.3)                    | 42 (8.6)                      | 69 (13.9)                | 0.008   |
| Kidney disease               | 81 (8.2)                      | 36 (7.4)                      | 45 (9.1)                 | 0.33    |
| Stroke (including TIA)       | 51 (5.2)                      | 21 (4.3)                      | 30 (6.0)                 | 0.21    |
| COPD                         | 49 (5.0)                      | 18 (3.7)                      | 31 (6.3)                 | 0.06    |



- S-ICD fulfils predefined endpoints for safety and efficacy.
- Midterm performance rates on complications, inappropriate shocks, and conversion efficacy were comparable to rates observed in TV-ICD.







### Real-World Clinical Experience of SICD EFFORTLESS Registry



| Infection Requiring<br>Device Removal (%)<br>001 - |      |                |               |      |      |
|--|------|----------------|---------------|------|------|
| 0%   |      |                |               |      |      |
| 0  | 360  | 720            | 1080          | 1440 | 1825 |
|  |      | Days from Impl | ant Procedure |      |      |
| Cumulative Number<br>of Subjects with Events       | 22   | 22             | 22            | 23   | 24   |
| N at Risk  | 921  | 691            | 493           | 295  | 114  |
| Infection Requiring<br>Device Removal KM Rate      | 2.3% | 2.3%           | 2.3%          | 2.5% | 3.3% |

| Description   | Events | Patients | % of<br>Patients |
|---|--------|----------|------------------|
| Infection requiring device removal  | 27     | 24       | 2.4              |
| Erosion   | 17     | 17       | 1.7              |
| Inappropriate shock: oversensing  | 12     | 11       | 1.1              |
| Other procedural complications  | 13     | 10       | 1.0              |
| Hematoma  | 9      | 9        | 0.9              |
| Discomfort  | 8      | 8        | 0.8              |
| Suboptimal electrode position   | 7      | 7        | 0.7              |
| Electrode movement  | 7      | 7        | 0.7              |
| Premature battery depletion   | 5      | 5        | 0.5              |
| PG movement   | 6      | 5        | 0.5              |
| Unable to convert during procedure  | 6      | 5        | 0.5              |
| Incision/superficial infection  | 5      | 5        | 0.5              |
| Other technical complications   | 4      | 4        | 0.4              |
| Suboptimal PG and electrode position  | 3      | 3        | 0.3              |
| Inability to communicate with the device  | 3      | 3        | 0.3              |
| Inappropriate shock: SVT above<br>discrimination zone (normal device<br>function) | 2      | 2        | 0.2              |
| Suboptimal pulse generator position   | 1      | 1        | 0.1              |
| Total   | 135    | 115      | 11.7             |



# **PRAETORIAN Trial**





Late Breaking Clinical Trials 2020



## **PRAETORIAN Trial**





-In patients with an indication for an ICD but no indication for pacing, the subcutaneous ICD was non-inferior to the TV- ICD with respect to device related complications and inappropriate shocks



Knops RE, et al. NEJM 2020







# **PRAETORIAN Trial**

#### Subcutaneous or Transvenous Defibrillator Therapy



Knops RE, et al. NEJM 2020





#### **Avoid Transvenous Leads in Appropriate Subjects (ATLAS)**



Healey JS, et al. Ann Intern Med 2022





#### **Avoid Transvenous Leads in Appropriate Subjects (ATLAS)**

| Table 1. Baseline Clinical Characteristics of Enrolled Patients With a Prevention Indication for an ICD |                                |                            |                     |  |  |  |
|---|--------------------------------|----------------------------|---------------------|--|--|--|
| Characteristics   | Randomly Assigned<br>(n = 503) | S-ICD<br>( <i>n</i> = 251) | TV-ICD<br>(n = 252) |  |  |  |
| Mean age (SD), y  | 49 (11.5)                      | 48 (11.9)                  | 50 (11.1)           |  |  |  |
| Secondary prevention indication   | 137 (27.2)                     | /2 (28./)                  | 65 (25.8)           |  |  |  |
| Previous sustained ventricular tachycardia, n (%)   | 46 (9.1)                       | 23 (9.2)                   | 23 (9.1)            |  |  |  |
| Previous cardiac arrest, n (%)  | 113 (22.5)                     | 59 (23.5)                  | 54 (21.4)           |  |  |  |
| Male, n (%)   | 373 (74.2)                     | 191 (76.1)                 | 182 (72.2)          |  |  |  |
| Coronary artery disease, n (%)  | 183 (36.4)                     | 87 (34.7)                  | 96 (38.1)           |  |  |  |
| Dilated cardiomyopathy, n (%)   | 116 (23.1)                     | 56 (22.3)                  | 60 (23.82)          |  |  |  |
| Hypertrophic cardiomyopathy, n (%)  | 93 (18.5)                      | 45 (17.9)                  | 48 (19.0)           |  |  |  |
| Idiopathic ventricular fibrillation, n (%)  | 84 (16.7)                      | 47 (18.7)                  | 37 (14.7)           |  |  |  |
| Right ventricular cardiomyopathy, n (%)   | 21 (4.2)                       | 11 (4.4)                   | 10 (4.0)            |  |  |  |
| Brugada syndrome, <i>n (%)</i>  | 12 (2.4)                       | 5 (2.0)                    | 7 (2.8)             |  |  |  |
| Long QT syndrome, <i>n</i> (%)  | 7 (1.4)                        | 4 (1.6)                    | 3 (1.2)             |  |  |  |
| Catecholaminergic polymorphic, n (%)  | 2 (0.4)                        | 1 (0.4)                    | 1 (0.4)             |  |  |  |
| Congenital heart disease, n (%)   | 1 (0.2)                        | 0 (0)                      | 1 (0.4)             |  |  |  |
| Valvular heart disease, n (%)   | 5 (1.0)                        | 4 (1.6)                    | 1 (0.4)             |  |  |  |
| Hypertension, <i>n (%)</i>  | 176 (35.0)                     | 88 (35.1)                  | 88 (34.9)           |  |  |  |
| Diabetes, n (%)   | 98 (19.5)                      | 49 (19.5)                  | 49 (19.4)           |  |  |  |
| Heart failure, <i>n</i> (%)   | 243 (48.3)                     | 126 (50.2)                 | 117 (46.4)          |  |  |  |
| Previous stroke, n (%)  | 18 (3.6)                       | 9 (3.6)                    | 9 (3.6)             |  |  |  |
| Impaired renal function, <i>n</i> (%)   | 8 (1.6)                        | 2 (0.8)                    | 6 (2.4)             |  |  |  |
| $\beta$ -blocker (other than sotalol), <i>n</i> (%)   | 395 (78.5)                     | 197 (78.5)                 | 198 (78.6)          |  |  |  |
| Sotalol, n (%)  | 5 (1.0)                        | 3 (1.2)                    | 2 (0.8)             |  |  |  |
| Amiodarone, n (%)   | 25 (5.0)                       | 13 (5.2)                   | 12 (4.8)            |  |  |  |
| Other antiarrhythmic therapy, <i>n</i> (%)  | 16 (3.2)                       | 8 (3.2)                    | 8 (3.2)             |  |  |  |

ICD = implantable cardioverter defibrillator; S-ICD = subcutaneous implantable cardioverter defibrillator; TV-ICD = transvenous implantable cardioverter defibrillator.





#### **Avoid Transvenous Leads in Appropriate Subjects (ATLAS)**

| Outcomes   | S-ICD (n = 251)  | TV-ICD (n = 252) | Risk Difference (95% CI) |
|--|------------------|------------------|--------------------------|
| Primary safety 6-mo outcome, n (%)                                     | 1 (0.4)          | 12 (4.8)         | -4.4 (-6.9 to -1.9)      |
| Hemothorax or pneumothorax   | 0 (0)            | 2 (0.8)          | -                        |
| Cardiac perforation, tamponade, pericardial effusion, or pericarditis  | 1 (0.4)          | 4 (1.6)          | -                        |
| Lead dislodgement or loss of sensing or pacing requiring revision      | 0 (0)            | 2 (0.8)          | -                        |
| New moderate-severe or severe tricuspid insufficiency                  | 0 (0)            | 3 (1.2)          | -                        |
| Ipsilateral upper extremity deep venous thrombosis                     | 0 (0)            | 1 (0.4)          | -                        |
| Secondary safety 6-mo composite, n (%)                                 | 11 (4.4)         | 14 (5.6)         | -1.2 (-2.4 to 0.1)       |
| Device-related infection requiring surgery                             | 2 (0.8)          | 1 (0.4)          | -                        |
| ICD wound hematoma   | 3 (1.2)          | 1 (0.4)          | -                        |
| Myocardial infarction  | 2 (0.8)          | 0 (0)            | -                        |
| Stroke or transient ischemic attack                                    | 1 (0.4)          | 0 (0)            | -                        |
| Death  | 3 (1.2)          | 0 (0)            | -                        |
| Postoperative pain on 10-point numeric rating scale, LS mean (95% CI)* |                  |                  |                          |
| At ICD implant   | 4.2 (4.0 to 4.4) | 2.9 (2.6 to 3.1) | 1.3 (1.0 to 1.7)         |
| At 1 mo  | 1.3 (1.1 to 1.5) | 0.9 (0.7 to 1.2) | 0.4 (0 to 0.7)           |
| At 6 mo  | 0.7 (0.4 to 0.9) | 0.5 (0.2 to 0.7) | 0.2 (0 to 0.6)           |
| Any inappropriate shock (any time),† <i>n</i> (%)                      | 16 (6.4)         | 7 (2.8)          | 3.6 (1.4 to 5.8)         |
| T-wave oversensing   | 6                | 0                | -                        |
| Electromagnetic interference‡  | 6                | 2                | -                        |
| Myopotentials  | 2                | 0                | -                        |
| Atrial arrhythmia  | 2                | 5                | -                        |



- S-ICD reduces perioperative lead-related complications without significantly compromising the effectiveness of ICD shocks, but with more early postoperative pain and a trend for more inappropriate shocks.



# **Clinical Applications of S-ICD**

**Guidelines Indications** 



Should be considered (IIa)

Bradycardia support, CRT or ATP is not needed

May be considered (IIb)

Venous access is difficult After the removal of a transvenous ICD for infections Young patients with a long-term need for ICD therapy **Tailoring Approach** 

- Adequate S-ICD screening at rest or during stress
- Progressive nature of the underlying disease
- Infective risk
- VT susceptibility
- Work activity
- Sport activity
- Psychosocial issues



#### Advantages



- Safe implantation technique
- No needs for fluoroscopy
- Absence of intravascular leads
- Less systemic infections
- Cosmetic anatomical location
- Well tollerated

#### Drawbacks

- Need of pre-implantation screening
- No pacing or ATP capability
- No remote monitoring
- No arrhythmias monitoring
- Pulse generator larger than TV-ICD
- Battery life lower than TV-ICD
- High costs



#### Russo V, et al. Expert Review of Cardiovascular Therapy 2023





# Outlines

# **1. Safety and Efficacy of S-ICD**

# 2. Implantation of S-ICD

- Lead and Device Implant
- Anesthetic method
- Device Replacement

**3. Future Perspective of S-ICD** 





### **Two Incisions Technique for S-ICD**



Knops RE, et al. Heart Rhythm 2013





# **Right vs Left Implant of S-ICD**



- Right-sided electrode implant might be an alternative if a left-sided electrode implant is inadequate.

- It might also be favorable for young patients with narrow heart silhouettes in the midsagittal position, eg Asian pts.

#### School of Clinical Medicine Department of Medicine **Sub-muscular Technique for S-ICD**



香港大學內科學系

Ferrari P, et al. J Arrhythm 2016 Courtesy of Stephen O'Connor, PhD



Winter J et al, Europace 2016

meo





## **Sub-serratus Implantation of S-ICD**



#### Smietana J, et al. Heart Rhythm 2021









School of Clinical Medicine

termuscular

pocket

Intermuscular

1,4%





# Inappropriate Shock in SICD due to Myopotential Oversensing

|                           | All            | Non-shock      | Appropriate<br>shock | IAS, all causes | IAS,<br>myopoten-<br>tial-induced |
|---------------------------|----------------|----------------|----------------------|-----------------|-----------------------------------|
| n                         | 61             | 49             | 7                    | 6               | 4                                 |
| Age                       | $48 \pm 17$    | 46 ± 17        | $52 \pm 12$          | $51 \pm 18$     | $49 \pm 16$                       |
| Male                      | 54 (88%)       | 45 (87%)       | 6 (86%)              | 100%            | 100%                              |
| Follow-up period          | $732 \pm 422$  | $752 \pm 360$  | $918 \pm 322$        | 891 ± 353       | 891 ± 353                         |
| Day from implantation to  | N/A            | N/A            | $117 \pm 107$        | $436 \pm 312$   | $304 \pm 185$                     |
| the first shock           |                |                |                      |                 |                                   |
| Primary prevention        | 28 (46%)       | 24 (46%)       | 3 (43%)              | 3 (50%)         | 3 (75%)                           |
| Height (cm)               | $168 \pm 8$    | $167 \pm 8$    | $172 \pm 8$          | $171 \pm 5$     | $171 \pm 6$                       |
| Body weight (kg)          | 69 ± 16        | $69 \pm 17$    | $66 \pm 13$          | 71 ± 9          | $69 \pm 7$                        |
| Body mass index           | $24.1 \pm 4.8$ | $24.4 \pm 5.0$ | $22.2 \pm 3.3$       | $24.3 \pm 3.9$  | $23.3 \pm 3.8$                    |
| Right-sided lead position | 6 (10%)        | 2 (4%)         | 2 (28%)              | 3 (50%)         | 3 (75%)                           |
| LVEF (%)                  | $48 \pm 22$    | $46 \pm 22$    | $58 \pm 19$          | $53 \pm 21$     | $56 \pm 24$                       |
| Channelopathies*          | 20 (33%)       | 17 (33%)       | 3 (43%)              | 3 (50%)         | 2 (50%)                           |
| IHD                       | 15 (25%)       | 13 (25%)       | 0                    | 1 (17%)         | 0                                 |
| DCM                       | 12 (20%)       | 12 (23%)       | 1 (14%)              | 1 (17%)         | 1 (25%)                           |
| HCM                       | 6 (10%)        | 5 (10%)        | 1 (14%)              | 1 (17%)         | 1 (25%)                           |
| VSA-related VT/VF         | 5 (8%)         | 4 (8%)         | 2 (28%)              | 0               | 0                                 |





Alternate







- Myopotential over-sensing after SICD
  - Account for 2/3 of inappropriate shock
  - More common in male after R sided lead implantation

Tsutsui K, et al. Int Heart J 2020





Could the incidence of inappropriate shocks in S-ICD patients be reduced by adequate device programming in clinical practice?

The standardized programming proposed by the UNTOUCHED- study programming is:

- conditional zone cut-off between 200 and 250 bpm
- shock zone cut-off at 250 bpm.

In clinical practice, there has been a trend in recent years towards the wider adoption of optimized programming.

The "UNTOUCHED-like" programming, with high-rate cut-offs for discrimination, reduced the rate of inappropriate shock in the S-ICD population, without affecting therapy effectiveness.

The rate of inappropriate shocks at one year was 3.0% with and 4.6% without UNTOUCHED-like programming.





 Table 2
 Causes of inappropriate shocks

|   | Number of<br>patients (%) | Reaction (number of patients)  |
|---|---------------------------|--|
| Inappropriate Shock<br>Therapy                              | 103 (7.0)                 |  |
| – Noise from<br>entrapped<br>subcutaneous air               | 11 (0.7)                  | Solved without action (11)   |
| – Atrial fibrillation or<br>supraventricular<br>tachycardia | 18 (1.2)                  | Reprogramming (10); Change<br>in medication <sup>a</sup> (6); Atrial<br>fibrillation ablation (1); Atrial<br>fibrillation ablation after<br>change in medication (1) |
| – T-Wave oversensing  | 20 (1.4)                  | Reprogramming (19);<br>Explantation after<br>Reprogramming (1)   |
| – Other cardiac<br>oversensing                              | 15 (1.0)                  | Reprogramming (14);<br>Explantation after<br>Reprogramming (1)   |
| – Non-cardiac<br>oversensing                                | 39 (2.7)                  | Reprogramming (37);<br>Explantation (2 <sup>b</sup> )  |

#### Rordorf R, et al, Europace 2023





# **Anesthesia for S-ICD**

Historically S-ICD has mainly been implanted under General Anaesthesia:

| Study                    | GA  |
|--------------------------|-----|
| EFFORTLESS <sup>25</sup> | 60% |
| Post Approval Study33    | 64% |

Various anaesthesia options have been reported in literature:

- **General Anaesthesia (GA)** fully supported by anaesthesiologist, patient is intubated.
- Monitored Anaesthesia Care (MAC) may require anaesthesiologist in room; "MAC represents a continuum of anesthesia care, from the awake-state to potentially general anaesthesia without intubation"<sup>102</sup>.
- **Regional Anaesthesia (RA)** ultrasound guided thoracic block e.g. serratus plane block<sup>103,104</sup>.
- Minimalist Approach (MA) IV sedation/analgesia supplemented with local anaesthesia. Sedation and airway management directed by electrophysiologist and lab staff<sup>5,105</sup>.



# **LA/Sedation for S-ICD**

#### Table 3 Procedural characteristics and pain assessments

| Total procedure duration (min)                      | $112 \pm 20$    |
|---|-----------------|
| Implantation duration (min)                         | $51 \pm 14$     |
| Drug administrated                                  |                 |
| - Midazolam (mg/kg)                                 | $0.11 \pm 0.03$ |
| - Nalbuphine (mg/kg)                                | $0.27\pm0.05$   |
| - Flumazenil (mg)                                   | 0.6             |
| Ramsay score  | 4.5             |
| Time from sedation initiation to:                   |                 |
| - Pocket creation (min)                             | $46 \pm 7$      |
| - Lead tunneling A (min)                            | $53 \pm 7$      |
| - Lead tunneling B (min)                            | $59 \pm 7$      |
| Pain assessment                                     |                 |
| - CPOT pocket creation                              | $1.3 \pm 1.8$   |
| - CPOT lead tunneling A                             | $1.2 \pm 1.4$   |
| - CPOT lead tunneling B                             | $1.7 \pm 1.4$   |
| Procedural pain recollection                        |                 |
| - NRS after patient recovery                        | $0.8 \pm 1.6$   |
| Successful defibrillation at first 65 J attempt (%) | 15 (93.8)       |
| Shock impedance (Ohms)                              | 74              |
| Dual zone programming (%)                           | 12 (75)         |
|   |                 |

Lead tunneling A (lateral wound to the parasternal incision); Lead tunneling B (along the sternal border)

CPOT Critical-Care Pain Observation Tool, NRS Numeric Rate Scale



Table 2 Patient characteristics, total administrated dose (mg/kg) of midazolam and nalbuphine, Ramsay score, CPOT and NRS scores, and defibrillation shocks delivered

| Patient        | Gender | Age | Midazolam | Nalbuphine | albuphine Ramsay |                 | re                  |                     | Number of defibrillation | NRS   |
|----------------|--------|-----|-----------|------------|------------------|-----------------|---------------------|---------------------|--------------------------|-------|
|                |        |     | (mg/kg)   | (mg/kg)    | score            | Pocket creation | Lead<br>tunneling A | Lead<br>tunneling B | - snocks                 | score |
| 1 <sup>a</sup> | М      | 45  | 0.15      | 0.30       | 4                | 2               | 1                   | 2                   | 2                        | 0     |
| 2              | F      | 38  | 0.12      | 0.30       | 5                | 1               | 0                   | 1                   | 1                        | 4     |
| 3              | Μ      | 35  | 0.14      | 0.29       | 5                | 0               | 0                   | 0                   | 1                        | 0     |
| 4              | Μ      | 59  | 0.08      | 0.30       | 5                | 1               | 2                   | 2                   | 1                        | 0     |
| 5              | Μ      | 60  | 0.15      | 0.30       | 4                | 7               | 5                   | 5                   | 1                        | 0     |
| 6              | F      | 57  | 0.06      | 0.22       | 5                | 0               | 0                   | 0                   | 1                        | 0     |
| 7              | Μ      | 71  | 0.09      | 0.30       | 5                | 0               | 0                   | 0                   | 1                        | 0     |
| 8              | Μ      | 68  | 0.14      | 0.28       | 4                | 2               | 3                   | 3                   | 1                        | 0     |
| 9              | F      | 65  | 0.14      | 0.23       | 4                | 3               | 0                   | 1                   | 1                        | 0     |
| 10             | Μ      | 63  | 0.04      | 0.14       | 4                | 0               | 0                   | 1                   | 1                        | 0     |
| 11             | Μ      | 42  | 0.13      | 0.29       | 5                | 0               | 0                   | 0                   | 1                        | 0     |
| 12             | F      | 55  | 0.13      | 0.30       | 5                | 0               | 2                   | 2                   | 1                        | 4     |
| 13             | Μ      | 40  | 0.14      | 0.30       | 5                | 2               | 1                   | 3                   | 1                        | 0     |
| 14             | F      | 57  | 0.15      | 0.30       | 4                | 1               | 2                   | 2                   | 1                        | 3     |
| 15             | Μ      | 59  | 0.09      | 0.30       | 4                | 0               | 1                   | 2                   | 1                        | 0     |
| 16             | Μ      | 53  | 0.09      | 0.20       | 4                | 3               | 3                   | 3                   | 1                        | 0     |

CPOT Critical-Care Pain Observation Tool, NRS Numeric Rate Scale

 Operator-guided controlled sedation with midazolam and analgesia with nalbuphine is effective to alleviate procedural pain in patients undergoing S-ICD implantation





### **Device Replacement for S-ICD**





- No procedure-related complications after elective (S-ICD) replacement, and an overall complication rate of 1.4% per year.
- High voltage impedance increases over time
   need for DFT testing during replacement
- PRAETORIAN score might be a useful tool to determine the need for repositioning during S-ICD replacement, in order to minimize defibrillation threshold and ensure successful defibrillation.



Van der Stiojt W, et al. Europace 2021



J School of Clinical Medicine Department of Medicine 香港大學內科學系

### **S-ICD: First Asian Registry**



| Clinical Characteristics                 |                      |
|--|----------------------|
| Age (yrs)                                | 49.6±16              |
| Male (%)                                 | 72                   |
| BMI                                      | 24.6±4.9             |
| LVEF (%)                                 | 44±15                |
| Indications:<br>Primary<br>Secondary     | 20 (27%)<br>55 (73%) |
| Procedure:<br>New implant<br>Replacement | 70 (93%)<br>5 (7%)   |

| Etiologies       | Numbers (%) |
|------------------|-------------|
| Ischemic CMP     | 28 (37%)    |
| Non-ischemic CMP | 17 (23%)    |
| LQTs             | 2 (3%)      |
| ARVD             | 3 (4%)      |
| Idiopathic VF    | 12 (16%)    |
| Brugada syndrome | 7 (9%)      |
| носм             | 5 (7%)      |
| Other (ACHD)     | 1 (1%)      |

#### Tse HF, et al. APHRS 2021

**F**O



U School of Clinical Medicine Department of Medicine 香港大學內科學系

## **S-ICD: First Asian Registry**





| Parameters  | Numbers (%)                   |
|---|-------------------------------|
| Procedural duration (mins)                        | 74±27                         |
| DFT testing                                       | 60 (80%)                      |
| Type of anaesthesia<br>GA<br>MAC<br>LA + sedation | 8 (11%)<br>4 (5%)<br>63 (84%) |
| Shock impedance (ohm)                             | 76±21                         |
| Device/lead repositioning                         | 2 (3%)                        |
| Submuscular implant                               | 60 (80%)                      |
| Acute procedural success                          | 75 (100%)                     |
| Acute complication                                | 0 (0%)                        |





### **S-ICD: First Asian Registry**

#### **Results: Safety and Efficacy**

| Parameters                  | 1 Mth FU  | 1 Yr FU  |
|-----------------------------|---|--|
| ICD shock                   | 0   | 2 (2.7%)   |
| Appropriate shock           | 0   | 1 (1.3%)   |
| Inappropriate shock         | 0   | <b>1 (1.3%)</b><br>Myopotential noise sensing      |
| Lead related complications  | <b>1 (1.3%)</b><br>Lead failure needed<br>replacement | <b>1 (1.3%)</b><br>Lead failure needed replacement |
| Pocket complications        | 0   | 0  |
| Infection                   | 0   | <b>1 (1.3%)</b><br>Lead infection needed removal   |
| Overall major adverse event | 1 (1.3%)  | 3 (4%)   |





# Outlines

- **1. Safety and Efficacy of S-ICD**
- 2. Implantation of S-ICD
  - Lead and Device Implant
  - Anesthetic method
  - Device Replacement

# **3. Future Perspective of S-ICD**



### **Evolution of S-ICD Therapy**



**Meo** 



### Communicating Leadless Anti-Tachycardia Pacemaker and S-ICD



Tjong FV, et al. JACC EP 2017







### **Low Energy Defibrillation with S-ICD**

| Outcomes                           | 30 J Single shock<br>conversion test<br>(n = 15) | Step-down<br>DFT protocol<br>(n = 12) |
|------------------------------------|--|---------------------------------------|
| Procedure duration,<br>minutes     | 34 (±3)  | 44 (±7)                               |
| DFT, Joule                         | 30   | 29 (±12)                              |
| High voltage impedance, $\Omega^a$ | 84 (±27)   | 76 (±18)                              |
| High voltage impedance<br>range    | 53-159   | 53-114                                |
| Patients with DFT 20 J             | N/A  | 6 (50%)                               |
| Patients with DFT 30 J             | 14 (93%)   | 3 (25%)                               |
| Patients with DFT 40 J             | N/A  | 2 (17%)                               |
| Patients with DFT 50 J             | N/A  | 0 (0%)                                |
| Patients with DFT 60 J             | N/A  | 1 (8%)                                |
| Patients with DFT 70 J             | N/A  | 0 (0%)                                |
| Time to therapy 20 J, s            | N/A  | 11 (±2)                               |
| Time to therapy 30 J, s            | 12 (±1)  | 14 (±4)                               |
| Time to therapy 40 J, s            | N/A  | 15 (±2)                               |
| Time to therapy 50 J, s            | N/A  | 12 (±1)                               |
| Time to therapy 60 J, s            | N/A  | 14 <sup>b</sup>                       |
| Time to therapy 70 J, s            | N/A  | 17 <sup>b</sup>                       |
| DFT related<br>complications, n    | 0 (0%)   | 0 (0%)                                |
| Periprocedural complications, n    | 0 (0%)   | 0 (0%)                                |





Quast AB, et al. JCE 2019



### **DFT Testing for S-ICD**



20%

Superio



PRAETORIAN score Distribution



- A high rate of defibrillation success with 40-J shocks in S-ICD systems implanted by means of intramuscular implant techniques.

Inferior

- The variables associated with shock failure were male gender, higher body mass index, and suboptimal device position according to the PRAETORIAN score.



U School of Clinical Medicine Department of Medicine 香港大學內科學系

Biffi M, et al. J Am Coll Cardiol EP 2021





#### Asian Subcutaneous Implantable Cardioverter Defibrillator (S-ICD) True Defibrillation Threshold (DFT) Study

#### **Primary Endpoint**

•Investigate the true DFT of S-ICD in Asian population.

#### **Secondary Endpoints**

Safety outcome of this acute feasibility study

•Factors that affect DFT of S-ICD.





#### **Extravascular Implantable Cardioverter–Defibrillator**

School of Clinical Medicine

artment of Medicine



- Free from major system- or procedure-related complications at 6 months was 92.6%; and No major intraprocedural complications were reported. At 6 months, 25 major complications were observed, in 23 of 316 patients (7.3%).
- The success rate of antitachycardia pacing, as assessed with generalized estimating equations, was 50.8% (95% CI, 23.3 to 77.8. 29 patients 99%) with inappropriate shocks and 8 systems (2.5% were explanted without extravascular ICD replacement over the 10.6-month mean follow-up period.





# Conclusions

- S-ICD is an established device therapy that can avoid the serious complications related to conventional transvenous ICD
- S-ICD is an alternative ICD option for prevention of SCD in selected population for primary and secondary prevention in pts with SHD
- Improving implant experience, eg different screening and implant method in different pts population
- Emerging techniques should further enhances S-ICD Therapies.

#### APHRS 2023 HONGKONG 16<sup>TH</sup> ASIA PACIFIC HEART RHYTHM SOCIETY SCIENTIFIC SESSION In conjunction with CardioRhythm

Co-organized by:

Chinese Society of Pacing and Electrophysiology

**1-3 September 2023** 

Organized by:

**APHRS** 

Asia Pacific Heart Rhythm Society

**31 August 2023 Pre-Congress Sessions** 

aphrs-cardiorhythm2023hk.com

Hong Kong College of Cardiology

Embracing the Breakthroughs